



Dorset Diabetic Eye Screening Newsletter



🍁 Autumn Edition 🍁

Welcome To Our Newsletter!

Welcome to the Autumn newsletter, providing you with updates and news surrounding the Dorset Diabetic Eye Screening Programme, as well as important events and health awareness dates, You Said, We Did and why you should attend your eye screening appointments!

News / Updates

We are pleased to announce we are now offering OCT appointments in 4 more locations. After monitoring our feedback responses we have introduced OCT in these areas to provide easier access to patients in the community. New OCT clinics available at:

- Allendale House, Wimborne
- Blandford Community Centre
- Diabetes Centre, Dorchester
- Bridport Community Hospital

Be sure to check out our completely revamped website. Our team has worked extremely hard over the last 6 months to develop a freshly designed website, with new pages, features and important information. We acknowledged our previous website was out dated, and with accessibility and ease of use at its core, the refreshed site offers clearer information, simplified navigation, and an improved experience for service users and healthcare professionals. Scan the QR code, or head to <https://neccare.necsws.com/>

SCAN ME!



Upcoming Events

SEP

17

Grove Medical Centre Health & Wellbeing Community Fair, Ageing Well: The Digby Hall, Hound Street, Sherborne @ 2:00pm - 6:00pm.

OCT

10

Orchid Surgery Community Wellness Event: Barrington Cafe & Ferndown Day Centre, Ferndown, BH22 9TH @ 10:00am - 2:00pm

OCT

20

CarerUK Roadshow: Marsham Court Hotel, 3 Russel Cotes Road, East Cliff, Bournemouth, BH1 3AB @ 12:00pm - 4:00pm.

Health Awareness Dates



OCT

Vision Awareness Month



OCT

World Blindness Awareness Month



OCT

Vision Awareness Month



NOV

Diabetic Eye Disease Month



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You Said, We Did

You Said

"I can't use the online portal"

"I didn't know I couldn't drive or needed to bring my glasses"

"I would like a different appointment time"

We Did

We have recently revamped our website, and added a new page dedicated to supporting our service users with accessing and using the online portal. Providing users with the relevant support and information needed to use the portal. Search: <https://neccare.necsws.com/online-portal-support/>

Appointment letters include all the information needed before attending the appointment. You can also look at our new website for reminders on information on your appointment. Our social media pages also regularly shares useful information related to your appointment, so be sure to follow!

If you would like to change your appointment time, you can call our team on 01305 602461 and check alternative availability. You can also change your appointment yourself through our online portal at <https://appointments.eyehosted.net/dor/> please be aware it is subject to availability.

Appointment Reminders



You cannot drive after your appointment.



Bring all your usual prescription glasses including a pair of sunglasses.



Contact us before your appointment if you require extra help or use a wheelchair.



You can bring somebody with you.

Follow our social media

Follow our social media accounts for support, information and updates surrounding diabetes and diabetic eye screening.



NEC Care : Dorset Diabetic Eye Screening



[dor.neccare](https://www.instagram.com/dor.neccare)



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Importance of Eye Screening

Attending your diabetic eye screening appointment plays a vital role in your diabetes care, reducing the risk of developing complications with your vision. Without attending appointments there is the potential for 'Diabetic Retinopathy' to develop without you even knowing. Retinopathy is a condition where the sugar in the eye's blood vessels causes blockages or leakages, which could significantly impact your vision if untreated.

Attending

If you are aged 12 or over and living in the UK then diabetic eye screening is FREE under the NHS, and is an important part of your regular diabetes care. Depending on your most recent results you could be invited from every 2 years to every 3 months. We have many venues across the region to ensure we are accessible to all, you can view all our locations on our webpage under 'Your Local Centre'.

Concerns?

If you have any concerns or feeling anxious about attending, our team is more than happy to explain the process and provide any extra support you may need at the appointment. It's important to remember screening aims to detect early signs of the condition before it leads to any issues. In the case we do spot an issue there are many treatments available now that significantly reduce the risk of sight loss, and in all cases the sooner you are seen and referred, the better the chances. *To speak to a member of our team call: 01305 602461*