

## CONTACT US

Please contact us to find out more information or to book an appointment with us.



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### SOCIAL CHANNELS



NEC Care : South West  
London Diabetic Eye  
Screening



[swl.neccare](https://www.instagram.com/swl.neccare)

Visit our website for  
more information.

SCAN ME



## IMPORTANT TO REMEMBER

Please inform us in advance if you need assistance or use a wheelchair.

### DO NOT DRIVE!

The eye drops will blur your vision, avoid driving for a few hours after your appointment.



### BRING SUNGLASSES

The eye drops will make your eyes sensitive to light.



We would advise you bring someone with you.



The appointment lasts 30 - 40 minutes.



# DIABETIC EYE SCREENING

EASY READ GUIDE

**NEC** NEC Care



## WHAT AND WHY?

Diabetic Eye Screening is a **FREE NHS** test for people (**AGED 12 AND OVER**) who have diabetes.

People with diabetes are more likely to develop eye problems and are at increased risk of sight loss.



We photograph the back of your eyes with special cameras to detect '**Diabetic Retinopathy**'. This is a condition that can lead to **sight loss** if not treated and often has no symptoms. **Early detection** avoids this, eye screening is an important part of your diabetes care.

## WHAT HAPPENS AT THE CHECK?

1  
Sit in the waiting room. We will call your name when ready.



2



We then do some checks and test your vision.

3

We then pop eye drops in each eye to widen them.



4



Sit back in the waiting room for 20 minutes.

5

We call you back in and photograph the back of each eye and that's all. It is painless and quick.



## YOUR RESULTS

3  
WEEKS

We send a letter with your results to you and your GP **within 3 weeks.**



You can also see your results through our online patient portal on our website.



If you have no signs of the condition we will invite you back in **1 or 2 years.**



If you have small signs we will ask you to come back sooner for monitoring.



We may ask you to see a hospital eye doctor for more significant changes.