

## CONTACT US

Please contact us to find out more information or to book and appointment with us.



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## SOCIAL CHANNELS



NEC Care : South West London Diabetic Eye Screening



[swl.neccare](https://www.instagram.com/swl.neccare)

Visit our website for more information.

SCAN ME



## IMPORTANT TO REMEMBER

Please inform us in advance if you need assistance or use a wheelchair.



## DO NOT DRIVE!

The eye drops will blur your vision, avoid driving for a few hours after your appointment.



## BRING SUNGLASSES

The eye drops will make your eyes sensitive to light.



We would advise you bring someone with you.



The appointment lasts 30 - 40 minutes.



# DIABETIC EYE SCREENING

EASY READ GUIDE

**NEC** NEC Care



# WHAT AND WHY?

Diabetic Eye Screening is a **FREE NHS** test for people (**AGED 12 AND OVER**) who have diabetes.

People with diabetes have more of a chance of having problems with their eyes and are at risk of sight loss.



We photograph the back of your eyes with special cameras to detect '**Diabetic Retinopathy**'. This is a condition that can lead to **sight loss** if not treated and often has no symptoms. Early detection avoids this, eye screening is an important part of your diabetes care.

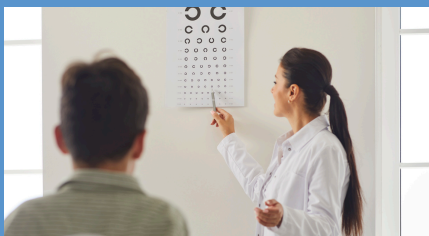
# WHAT HAPPENS AT THE CHECK?

Sit in the waiting room. We will call your name when ready.

1



We then do some checks and test vision.



2

We then pop eye drops in each eye to widen them.



3

Sit back in the waiting room for 20 minutes.



4

We call you back in and photograph the back of each eye and that's all. It is painless and quick.

5

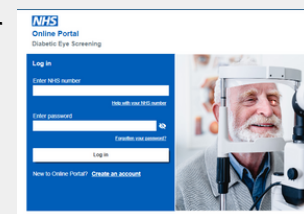


# YOUR RESULTS

3  
WEEKS

We send a letter with your results to you and your GP **within 3 weeks.**

You can also see your results through our online patient portal on our website.



If you have no signs of the condition we will invite you back in **1 or 2 years.**

If you have small signs we will ask you to come back sooner for monitoring.



We may ask you to see a hospital eye doctor for more significant changes.